

Infant/Toddler  
Lil' Cubs Daily Schedule

Morning Routine:

- 7:00 **Arrival time.** Who needs to be *fed* (\*bottle/cereal)?  
*Free play* child initiated/teacher facilitated activities.  
(puzzles, play dough, etc.)  
*One-on-one* time until all arrive.  
**Hygiene/Toileting/Diaper change.**
- 8:30 **Nap/story time.** For those lil' cubs needing *naps*, others share  
in a quiet *story/quiet activities*.  
**Toileting/Diaper change.**
- 9:30 **Outside play.** (weather permitting). Or for a *walk* in the building (up  
and down stairs).  
**Hygiene/Toileting/Diaper change.**
- 10:00 **Snack** *Snack* and beverage provided.
- 10:15 **Songs/Finger plays.** Concept *songs*, ABC's, Counting, etc.
- 10:40 **Creativity.** Dramatic *play*, *Art*/coloring, *sensory* experiences
- 11:00 **Floor time.** Large Muscle activity; *Crawling, rolling, climbing.*
- 11:20 **Lunch Prep.** **Hygiene/Toileting/Diaper change.**
- 11:30 **Lunch** Provided by the child's family.

Afternoon routine:

- 12:00 **Story/rest prep.** A *story* read as bedding is prepared.
- 12:10 **Nap** *Rock* babies/toddlers to sleep.
- 2:00 **Wake up** **Hygiene/Toileting/Diaper change.**  
*Snack/bottle*

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|-------------|-----------------------|---|
| 2:30        | <b>Outside Play</b>   | (weather permitting) <i>Carraige ride; play.</i>  |
| 3:00        | <b>Free play</b>      | <i>One-on-one</i> time. Child initiated <i>play</i> (blocks, dough)   |
| 3:45        | <b>Story time</b>     | Interactive <i>story</i> with props/puppets.  |
| 4:00 – 5:30 | <b>Dismissal prep</b> | <b>Teacher initiated &amp; Child initiated:</b><br><i>Songs/finger plays</i><br><i>Movement; crawling, etc.</i><br><b>Hygiene/Toileting/Diaper change</b> |

*A note to the Parents/families:*

**Please note that this is a basic guideline.** We are partnering with you and want you to communicate about your child without reservation.

This daily schedule is *subject to change* based on the **individual needs** of your child.

We will need as much information as you can give us about your child's sleeping/eating regimen. Over time, providing both a predictable, yet flexible routine, your child will feel "at home" in his/her new environment and so will you! ☺

\*Families provide formula/cereal. K & C provides snacks/juice.